

# How to **live well** with dementia



## Join us

Drop in to our free open event to learn more about living well with dementia

**When:** Mon 20 May from 10am

**Where:** Haskins' Swan Room

There'll be stalls and presentations from:

- Dementia Friends
- Dementia friendly activity groups & sports events
- Day care & home support with 1 Community

**And much more...**

For more info, call us on **07778 143774** or email us at **d.holmes@abbeyfield.com**



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