



One Community in Fareham

One Community is an independent charity, established in 1978, to support the voluntary and community sector, a service we provide across the boroughs of Eastleigh and Fareham. We also offer a range of care, transport and information services in the Borough of Eastleigh, and Lifeline and Visiting Scheme services in the Borough of Fareham. You can find out more on www.1community.org.uk or by talking to our friendly receptionists on 023 8090 2400.

Volunteer Centre

The Volunteer Centre advertises volunteering opportunities, recruits volunteers and promotes voluntary activity.

We provide information and support to volunteers, and match volunteers with volunteer-involving organisations from the voluntary, community and statutory sector.

We work with volunteer-involving organisations in the boroughs of Eastleigh and Fareham to advise on good practice in recruiting and supporting volunteers.

We work with the private sector to facilitate employee volunteering and help businesses fulfil their corporate social responsibility commitment.

If you are looking for volunteers

Please get in touch to register your organisation and your volunteering opportunities with the Volunteer Centre. We will promote your opportunities through:

- The www.do-it.org website
- Through one-to-one meetings with potential volunteers
- Our monthly newsletter, Volunteering Matters
- Posters
- Print and broadcast media
- Social media

If you want to volunteer

We are here to assist in any way we can to:

- Help find the right opportunities for you
- Introduce you to the organisation/s of your choice

- Inform you of all you need to know as a volunteer

You might want to:

- Drop in to one of our outreach sessions
- Make an appointment for a confidential, one-to-one chat with a member of staff
- Ask for information on specific kinds of opportunities to be delivered to you by email, telephone, post or fax
- Ask to be added to our emailing list to receive a copy of our monthly newsletter, Volunteering Matters
- Visit www.do-it.org, where all our volunteering opportunities are uploaded onto the internet

Tel 023 8090 2458

Email volunteer@1community.org.uk

Visiting Scheme

Loneliness and social isolation is a huge problem among older people and others who find it difficult to get out and about. One Community runs visiting schemes in the boroughs of Fareham and Eastleigh to address that need. Volunteers visit clients in their own homes, for an hour or two to offer a bit of company. Referrals come to the scheme via professional agencies, eg GP, social worker, tenancy support officer, and local voluntary and community groups. Eight visits are offered initially, and then the client's situation is reviewed.

Tel 023 8090 2400

Email info@1community.org.uk

Community Development

Community Development Team

Our Community Development Team offers a service to all local voluntary and community groups in the boroughs of Eastleigh and Fareham, to provide information, advice and guidance around the complexities of running a local group or charity.

What we do:

- Help set up new groups
- Support groups in creating and using a constitution and policies
- Source funding for groups
- Advise on funding applications
- Support trustees and committees
- Develop action plans with groups
- Provide information about legislation and legal requirements
- Help groups voice their needs to statutory organisations
- Provide a range of training and information seminars for local groups
- Work with statutory and public bodies to provide cohesive community development across the boroughs of Eastleigh & Fareham.

For further information or support, please contact the Community Development Team:
Tel 023 8090 2400 info@1community.org.uk
Email info@1community.org.uk

One Community Lifeline

Lifeline is a telephone linked support service, provided by One Community, which is designed to help clients to maintain an independent lifestyle more safely.

In an emergency, the client presses a panic button, worn on the person, which alerts by telephone a 24-hour careline centre where assistance can immediately be arranged.

The service is aimed primarily at vulnerable people living alone: the frail, older people and the disabled, and those who have recently left hospital and may not yet be back to full health.

Lifeline is a great benefit to relatives and carers, bringing them peace of mind.

Key safes are also provided and fitted.

Tel 023 8090 2416 or 023 8090 2417

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DBS Services

One Community is registered as an 'Umbrella Body' with the Disclosure & Barring Service (DBS) and can therefore offer services to countersign DBS applications. This service is mainly to support the voluntary sector, though we may be able to help local businesses too. Contact us to register or to receive further information—see contact details below.

Membership of One Community

Voluntary and Community Groups in the Borough of Fareham are entitled to the full support of One Community's Volunteer Centre and Community Development Team without becoming members of One Community. Associate Membership is open to groups at £20 per annum. Associate members are entitled to all the benefits of membership except the right to vote at One Community's AGM.

Full details are available on our website:
www.1community.org.uk

One Community

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Email info@1community.org.uk

Web www.1community.org.uk

Registered Charity Number 1052978

Registered in England as a company limited by guarantee

Registered number 3132524

Registered office as above

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